



Healthy Aging

Health Benefits of Strength Training

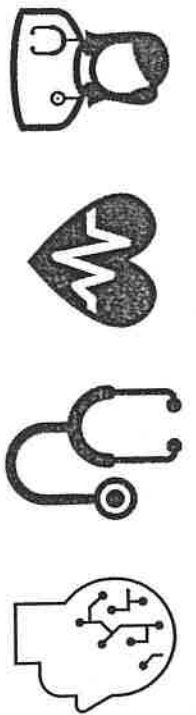
Certificate of Completion

Taught by Dr. Kristin R. Hofer, DPT, PhD

Miguel Lopez
Participant Name and Signature

KRHoferDPT
Instructor Signature/Date

6-21-24



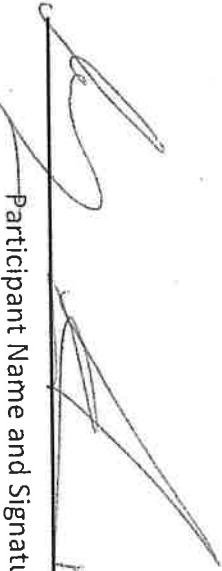
Diabetes Type II

Living With Chronic Conditions

Certificate of Completion

Taught by Dr. Kristin R. Hofer, DPT, PhD

Participant Name and Signature


Michael Lopez

Instructor Signature/Date


KRHofer DPT 7-17-24



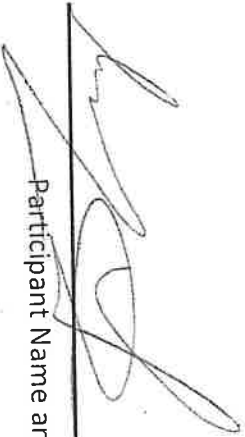
Low Back Pain

Living With Chronic Conditions

Certificate of Completion

Taught by Dr. Kristin R. Hofer, DPT, PhD

Participant Name and Signature


Miguel Lopez

Instructor Signature/Date


KRHofer DPT 8-19-24



Health and Wellness Throughout the Lifespan

Sexually Transmitted Infections (STIs)

Certificate of Completion

Taught by Dr. Kristin R. Hofer, DPT, PhD

Participant Name and Signature Michael Lopez [Signature] Instructor Signature/Date KRHofer DPT 5-31-24